

# 6 Guiding Principles for Change

**1****MANAGING OURSELVES VS. MANAGING CHANGE**

It's an illusion that we can manage change. Life happens however much we try and control it. We can manage ourselves. We can manage our reactions to life, not change itself.

**2****CHANGE IS ALL ABOUT LEARNING**

As events happen, we react to them, and we learn what works and what doesn't work. We can learn from all that is going on in our lives. Learning never stops.

**3****CHANGE IS NOT GOOD OR BAD, IT'S JUST CHANGE**

It may seem that a change is good or bad, but it is how we react to the change that is important. When we come from a place of non-judgment

**4****VISION DRIVES CHANGE, NOT GOALS**

Having a clear vision of where you are going is very important. Goals can and will change but the vision needs to stay the same. It's the light which shines the way on the journey.

**5****CHANGE IS NOT AN EVENT, IT'S A JOURNEY**

Change is a journey and a set of transitions and experiences that happen through organizational and individual transitions which lead to learning.

**6****CHANGE IS UNIQUE**

There is no one single 'best' methodology to learn from change because every organization, team and individual experiences change differently. The key to getting there is leveraging a set of tools that are practical, measurable, and customizable to your organization.