

# Nurse Leader Councils

David Couper Consulting has curated Nurse Leader Councils to provide community and cultivate leadership solutions for nurse leaders during challenging times.

Now more than ever, it's essential to provide nurse leaders with tools to retain and engage their teams during crises and beyond. Our virtual program is a combination of group and individual work to elevate and support.

A council is a group of 6-12 people of either peers or teams. Once a month, an expert DCC coach and facilitator will lead a 2-hour online group session. This session is designed to be a collaborative, neutral space to gain insight into each participant's toughest challenges. Through shared learning, all are guided to solve the things keeping them up at night and build a community of peers as an ongoing resource.

In addition, participants receive a 1:1 coaching session each month with the same DCC expert assigned to their specific Council.

*Note that coaching is not meant to be a replacement for EAP/therapy. It's a welcome partner to therapy to provide leaders with on-the-job solutions.*



For more information about Nurse Leader Councils and other DCC programs, visit our website [www.davidcouperconsulting.com](http://www.davidcouperconsulting.com) or contact us at [info@davidcouperconsulting.com](mailto:info@davidcouperconsulting.com)

## TESTIMONIALS

“It’s incredible to have these conversations with a coach. I so appreciate this gift of time and support. At the end of the session, I felt empowered, valued, and supported. Thank you!”

“I was really hesitant to do the coaching because I’ve had therapy in the past and I didn’t feel good after the session. I feel so good after our coaching sessions.”

## DETAILS

- This is a minimum of a 3-month commitment to ensure maximized results. With success and interest, we are happy to extend the Councils.
- For the 3-month engagement, the cost is \$2,700 per leader.
- We look forward to not just supporting your team with the program, but assist them in building an activated group for ongoing support.